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# Red sheet

## Anabolics

1st
out of 10 sheets collection

| Compound | Ester (length) | Halflife, days | Concentrations mg/mL | Names | **Instability,** Affinity for enzymes, % **SHBG,** as to % of Proviron | cyp3 a4, as to % of Testosterone | **3α-HSD,** as to % of DHT | **5α-reductase,** as to % of Testosterone | **17-HSD,** as to % of Testosterone | **Dosages,** weekly Minimal Effective Dosage | Popular | Highest Possible | **Stacked with** DHT derivatives | 19-Nors | Testosterone | HGH, IGF-1, MGF | Peptides | Oral DHT derivatives | Methandienone | **Side effects,** from 1 to 10 scale HPTA Suppression | Androgenic | Progestogenic | Estrogenic | Estro x Progestogenic Gyno | High Hematocrit | Liver strain | Brain strain | Cardiovascular/Lipid strain | Anabolicity per mg | Androgenicity per mg | Androgenic to Anabolic Index in% to testosterone |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Testosterone | Undecanoate | 23 | 250 or 500 | Nebido | 25 | 100 | 2 | 100 | 100 | 250 | 500 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Buciclate | 21 | 250 | | 25 | 100 | 2 | 100 | 100 | 250 | 500 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Decanoate | 11 | 100 | as in Sustanon | 25 | 100 | 2 | 100 | 100 | 250 | 500 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Cypionate | 7 | 250 or 300 | Depo-Testoster | 25 | 100 | 2 | 100 | 100 | 250 | 500 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Enanthate | 6 | 250 or 300 | Delatestryl | 25 | 100 | 2 | 100 | 100 | 250 | 500 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Isocaproate | 4 | 60 | as in Sustanon | 25 | 100 | 2 | 100 | 100 | 250 | 500 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Phenylpropionate | 2 | 60 | as in Sustanon | 25 | 100 | 2 | 100 | 100 | 250 | 500 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Propionate | 1.5 | 100 | | 25 | 100 | 2 | 100 | 100 | 250 | 350 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Acetate | 5hr | 100 | | 25 | 100 | 2 | 100 | 100 | 250 | 350 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Oral Undecanoate | 4hr | ??? | | 25 | 100 | 2 | 100 | 100 | 250 | 420 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| | Suspention | 1.5hr | 100 | | 25 | 100 | 2 | 100 | 100 | 250 | 350 | 2000 | v | v | n/a | v | v | v | x | 8 | 5 | 0 | 5 | 5 | 5 | 1 | | 4 | 100 | 100 | 100 |
| Boldenone | Undecylenate | 14 | 250 or 300 | Equipoise | 13 | 70 | 1 | 15 | 10 | 300 | 500 | 1500 | v | v | v | v | v | v | v | 7 | 3 | 0 | 3 | 3 | 8 | 1 | 5 | 4 | 50 | 40 | 50 |
| | Acetate | 1 | 100 | | 13 | 70 | 1 | 15 | 10 | 300 | 500 | 1500 | v | v | v | v | v | v | v | 7 | 3 | 0 | 3 | 3 | 8 | 1 | 5 | 4 | 50 | 40 | 50 |
| Nandrolone | Decanoate | 12 | 250 | Deca Durabolin | 2 | 80 | 1 | 62 | 16 | 150 | 400 | 1200 | v | x | v | v | v | v | x | 10 | 2 | 7 | 3 | 21 | 4 | 1 | | 6 | 132 | 30 | 6 |
| | Phenylpropionate | 3 | 100 | Durabolin | 2 | 80 | 1 | 62 | 16 | 150 | 400 | 1000 | v | x | v | v | v | v | x | 10 | 2 | 7 | 3 | 21 | 4 | 1 | | 6 | 132 | 30 | 6 |
| Trenbolone | Hexahydrobenzylcarbonate | 8 | 100 | Parabolan | 1 | 90 | 0 | 1 | <2 | 150 | 300 | 1400 | v | x | v | v | v | v | x | 10 | 9 | 8 | 0 | 8 | 7 | 3 | 10 | 9 | 500 | 500 | 100 |
| | Enanthate | 7 | 200 | Parabol | 1 | 90 | 0 | 1 | <2 | 150 | 300 | 1200 | v | x | v | v | v | v | x | 10 | 9 | 8 | 0 | 8 | 7 | 3 | 10 | 9 | 500 | 500 | 100 |
| | Acetate | 1 | 100 | Finaplix | 1 | 90 | 0 | 1 | <2 | 100 | 200 | 1000 | v | x | v | v | v | v | x | 10 | 9 | 8 | 0 | 8 | 7 | 3 | 10 | 9 | 500 | 500 | 100 |
| Trestolone | Enanthate | 6 | 100 | MENT | 3 | 150 | 1 | 2 | <3 | 35 | 105 | 700 | v | x | v | v | v | v | x | 10 | 10 | 7 | 9 | 63 | 6 | 2 | | 8 | 2300 | 700 | 25 |
| | Acetate | 0.25 | 50 | MENT | 3 | 150 | 1 | 2 | <3 | 35 | 105 | 700 | v | x | v | v | v | v | x | 10 | 10 | 7 | 9 | 63 | 6 | 2 | | 8 | 2300 | 700 | 25 |
| Drostanolone | Enanthate | 6 | 200 | Masteron | 35 | 50 | 25 | 0 | 5 | 200 | 400 | 1400 | v | v | v | v | v | v | v | 7 | 7 | 0 | 0 | 0 | 3 | 1 | | 6 | 62 | 80 | 35 |
| | Propionate | 1.5 | 100 | Masteron | 35 | 50 | 25 | 0 | 5 | 200 | 400 | 1400 | v | v | v | v | v | v | v | 7 | 7 | 0 | 0 | 0 | 3 | 1 | | 6 | 62 | 80 | 35 |
| Methenolone | Enanthate | 6 | 100 | Primobolan | 10 | 45 | 45 | 0 | 5 | 300 | 600 | 1500 | v | v | v | v | v | v | v | 5 | 4 | 0 | 0 | 0 | 3 | 1 | | 5 | 88 | 70 | 60 |
| Dihydroboldenone | Cypionate | 7 | 75 or 100 | DHB | 25 | 60 | 20 | 0 | 5 | 150 | 400 | 800 | v | v | v | v | v | v | v | 9 | 6 | 0 | 0 | 0 | 7 | 4 | 6 | 7 | 250 | 250 | 50 |
| **Unesterified (Orals)** | | Halflife, hrs | mg/tbl | | | | | | | Dosages mg, daily | | | | | | | | | | | | | | | | | | | | |
| Mesterolone | No ester | 12 | 25 | Proviron | 100 | 35 | 85 | 0 | 5 | 25 | 75 | 200 | v | v | v | v | v | v | v | 2 | 6 | 0 | 0 | 0 | 1 | 1 | | 5 | 30 | 70 | 233 |
| Oxandrolone | No ester | 9.5 | 10 or 50 | Anavar | 1 | 200 | 0 | 0 | <1 | 20 | 60 | 150 | v | v | v | v | v | x | x | 4 | 4 | 0 | 0 | 0 | 4 | 4 | | 7 | 320 | 30 | 12 |
| Methandienone | Inj. Suspension | 18 | 50 mg/ml | Danabol | 0.5 | 600 | 0 | 10 | <1 | 15 | 50 | 100 | v | x | v | v | v | x | n/a | 8 | 3 | 1 | 8 | 8 | 6 | 7 | | 8 | 210 | 50 | 13 |
| Methandienone | No ester | 4.5 | 10 or 20 | Danabol | 0.5 | 600 | 0 | 10 | <1 | 15 | 30 | 100 | v | x | v | v | v | x | n/a | 8 | 3 | 1 | 8 | 8 | 6 | 7 | | 8 | 210 | 50 | 13 |
| Stanozolol | No ester | 9 | 10 or 20 | Winstrol | 15 | 350 | 0 | 0 | <1 | 20 | 50 | 100 | v | v | v | v | v | x | x | 5 | 6 | 0 | 0 | 0 | 2 | 7 | | 9 | 340 | 10 | 5 |
| Stanozolol | Inj. Suspention | 21 | 50 mg/ml | Winstrol | 15 | 350 | 0 | 0 | <1 | 20 | 50 | 100 | v | v | v | v | v | x | x | 5 | 6 | 0 | 0 | 0 | 2 | 7 | | 9 | 340 | 10 | 5 |
| Oxymetholone | No ester | 8 | 25 or 50 | Anapolon | 1 | 450 | 0 | 0 | <1 | 25 | 75 | 200 | v | x | v | v | v | x | x | 9 | 6 | 0 | 9 | 9 | 9 | 9 | | 9 | 345 | 15 | 5 |
| Turinabol | No ester | 16 | 10 | Turinabol | 2 | 300 | 0 | 0 | <1 | 20 | 50 | 100 | v | v | v | v | v | x | x | 5 | 3 | 0 | 0 | 0 | 7 | 5 | | 7 | 150 | 6 | 4 |
| Methasterone | No ester | 10 | 10 | Superdrol | 15 | 1500 | 15 | 0 | <1 | 10 | 20 | 50 | v | v | v | v | v | x | x | 9 | 8 | 0 | 0 | 0 | 9 | 10 | | 10 | 400 | 200 | 50 |
| Fluoxymesterone | No ester | 9.5 | 10 | Halotestin | 1 | 1000 | 0 | 0 | <1 | 10 | 20 | 80 | v | v | v | v | v | x | x | 9 | 9 | 0 | 0 | 0 | 8 | 9 | 9 | 9 | 1900 | 850 | 45 |
| Mibolerone | No ester | 3.5 | | Cheque drops | 2 | 2500 | 0 | 2 | <1 | 0.25 | 0.5 | 1 | v | v | v | v | v | x | x | 10 | 8 | 6 | | | 8 | 9 | 10 | 9 | 590 | 250 | 42 |
| Methyltrienolone | No ester | 5 | 0.5 or 1 | R-1881 | 1 | 5000 | 0 | 2 | <1 | 0.5 | 1 | 2 | v | v | v | v | v | x | x | 10 | 10 | 8 | 0 | | 9 | 10 | 10 | 10 | 15000 | 7000 | 46 |
| Dimethyltrienolone | No ester | 5 | | Ru-2420 | 1 | 10000 | 0 | 2 | <1 | 0.25 | 0.5 | 1 | v | v | v | v | v | x | x | 10 | 10 | 9 | 0 | | 8 | 10 | 10 | 10 | 12000 | 12000 | 100 |

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